

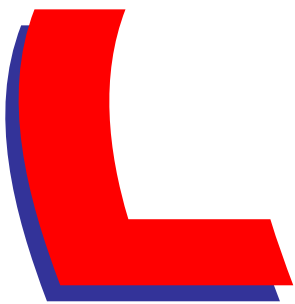
Here are tips to help **TALK** to your child about bullying. Every parent should have this conversation their children. Many children suffer in silence just waiting for an adult to rescue them. Having this talk can also helps parents address bullying before it ever starts.



Talk calmly with your child about bullying. Discuss what bullying is and what it is not.



Ask your child if he or she has been experiencing these bullying at school. If your child answers yes, ask more questions to get an understanding of what is going on so that you will know how to respond. If your child answers no, you will feel better knowing that you talked about it.



Listen to what your child is saying. Do not push him or her to tell you more than what he or she is comfortable telling you. You want to keep the lines of communication open so that if and when your child is ready to talk about bullying or other matters, your child knows that he or she can come talk to you.



Know – Make sure that your child knows what to do if they ever experience bullying or if they witness someone being bullied. Reassure your child that he or she can speak with a teacher, a trusted adult, or you.